

# 2011 Potomac Marlins *GHOULS & GOBLINS*

## Inter-Squad JUNIOR/MINI / STROKE SCHOOL MEET

George Mason University

Saturday, October 29, 2011 11:00 a.m. –2:00 p.m.

(warm-up 11:00- 11:30 a.m.)

**Meet Entries due to Coach Bill on or before  
October 24th (9:00 p.m.)**

**Eligibility:** This meet is open to and intended for ALL registered MINI MARLINS, JUNIOR MARLINS and STROKE SCHOOL – session #1 swimmers. The PURPOSE of this meet is to provide a very low key meet experience for first year Mini Marlins/Stroke School, First time Competition Mini Marlins and an extra opportunity for veteran Mini Marlins & Junior Marlins, to try some events that they typically do not do in regular PVS Meets. Our hope is that this meet experience will lead to increased confidence and decreased fears which will result in our young developmental swimmers choosing to compete in some of the PVS Mini Meets and OPEN meets in the future. It will also serve as a great trial meet experience for those swimmers entering the summer league meets for their first season.

**Entries:** Meet Entries may be submitted using the standard meet entry form and process linked to the Meet Entry HUB page of the web site, or submitted to your primary JM/Mini Marlins Deck coach. (Click on ENTER within the INTERSQUAD JUNIOR/MINI MEET section of the chart). Deck coaches will help with event selection if necessary/requested. Please let them know if you need help or advice.

- Each swimmer may swim up to 4 events (not including relays).
- Relays will be assembled randomly from available and interested swimmers near the end of the meet. Relay participation is voluntary.
- Meet Entry Accounts (MEF) will be charge \$2 per event to help cover the cost of lane rental.

**AWARDS:** All swimmers will get a ribbon for each event they swim, (not including relays). Ribbons will be handed to swimmers upon exiting the water with their time written on the back by the lane timers. This meet is NOT sanctioned by Potomac Valley Swimming and therefore times will NOT be official (entered into the team/league database).

**Volunteer Expectations:** Attending parents are asked to help as timers/ribbon writers. Team will supply all watches. We will also need 1-2 parents able to function as the starter. Official PVS status or training is not required. We will also need at least 4 parents (with good 8 & under organizational skills and patience) to function as clerk of course volunteers. The clerk of course will be established directly behind the starting blocks. Volunteer positions will be established at the meet during the warm-up period (11:00-11:30 a.m.) Please plan to be on deck no later than 10:50 a.m.

**PARKING:** Parking is FREE on Saturdays & Sundays in LOT “C” just off the Braddock Rd. Entrance. Park here and proceed to pool across small bridge. Enter Bldg. at Sector B swim team entrance (bottom level facing parking lot C). All swimmers must have GMU bag tags for admittance. Parent volunteers must check in at Sector B entrance. Names on Marlins roster at sector B entrance desk. All others must enter at bldg. entrance and remain in the spectator seating area for the duration of the meet. If volunteer deck parents need to have a non-Marlins sibling with them on deck, they must submit these names to Barry Marlin prior to the meet so these names can be placed on the DECK ENTRY ROSTER.

**GMU BAG / BACK PACK TAGS ARE REQUIRED BY ALL SWIMMERS FOR BLDG. ENTRY FOR THIS MEET.**

## Competition Notes:

☒ 4 lanes will be used for competition. 25 yard course. *(We will attempt to get a 25 meter format if GMU will permit. 25 meter format will serve as a pre-summer time trial for those planning to swim summer league).*

☒ Starting blocks will be present. Use of starting blocks is optional.

☒ There will be no officials or DQ's. Errors or rule violations will be pointed out by coaches when possible.

☒ Swimmers for each event will be seeded from slowest to fastest with swimmers entering with no time placed in the first heats and arranged based upon age and program level to the best of our ability.

### # GIRLS Event NAME

1	GIRLS	100 I.M.
3	Girls	25 Freestyle
5	Girls	50 Butterfly
7	Girls	25 Backstroke
9	Girls	50 Breaststroke
11	GIRLS	100 Free
13	Girls	50 Backstroke
15	Girls	25 Breast
17	Girls	50 Freestyle
19	Girls	25 Fly

### # BOYS Event NAME

2	BOYS	100 I.M.
4	Boys	25 Freestyle
6	Boys	50 Butterfly
8	Boys	25 Backstroke
10	Boys	50 Breaststroke
12	BOYS	100 Free
14	Boys	50 Backstroke
16	Boys	25 Breaststroke
18	Boys	50 Free
20	Boys	25 Fly

**21 Mixed (Boys and Girls) 100 Free Relay** – do not register for this event. Swimmers will be selected in random order for relay participation from those who choose to participate. This event will be dropped if we run out of time.

# GOOD LUCK TO ALL!